

Circle the most accurate answer for each assessment

1. Facial Pattern

- A. Mesofacial B. Brachyfacial (wide) C. Dolichofacial (long)

2. Facial Profile

- A. Normal B. Convex C. Concave

3. Dental Profile

- A. Class I B. Class II C. Class III

4. Tongue Range of Motion Ratio (TRMR)

- A. Grade 1 (>80%) B. Grade 2 (50-80%) C. Grade 3 (<50%) D. Grade 4 (<25%)

5. Kotlow Tongue Tie

- A. Normal or mild (12-16mm) B. Moderate (8-12mm) C. Severe (4-8mm) D. Complete (0-4mm)

6. Kotlow Lip Tie Attachment:

- A. Mucosal B. Gingival C. Interdental papilla D. Palatine papilla

7. Mentalis Strain

- A. No chin strain present B. Mild chin strain C. Moderate chin strain D. Severe chin strain

8. Mallampati

- A. Class 1 B. Class 2 C. Class 3 D. Class 4

9. Tonsil size (Brody scale)

- A. Grade 1 (<25%) B. Grade 2 (26-50%) C. Grade 3 (51-75%) D. Grade 4 (>75%)

10. Maxillary Inter canine Distance

- A. Wide (>37mm) B. Neutral (31-37mm) C. Narrow (<31mm)

11. Maxillary Intermolar Distance (Mesiobuccal cusp)

- A. Wide (>52mm) B. Neutral (46-52mm) C. Narrow (<46mm)

12. Incisor display @ Rest

- A. 0-25% B. 26-50% C. 51-75% D. 76-100%

13. Bruxism

- A. No wear detected B. Mild dental wear C. Moderate dental wear D. Severe dental wear

14. Swallowing Tongue Thrust Compensation Test

- A. Swallow with ease B. Swallow with difficulty C. Unable to swallow without tongue thrust compensation

15. Nasal Breathing Test

- A. 3+ min B. 2-3 min C. 1-2 min D. <1 min

2 of 2 Complete both sides

	1	2	3	4
Nasal vs. Mouth Breathing	Primarily nasal breathing: Rarely to never mouth breathes when awake.	Sometimes mouth breathes when awake.	Often mouth breathes when awake.	Almost always mouth breathes when awake.
	Primarily nasal breathing: Rarely to never mouth breathes when asleep.	Sometimes mouth breathes when asleep.	Often mouth breathes when asleep.	Almost always mouth breathes when asleep.
Posture	Rarely slouches.	Sometimes slouches.	Often slouches.	Almost always slouches.
	Primarily sleeps on back.	Sleeps on back > more than sides or stomach.	Sleeps on sides/stomach > more than back.	Primarily sleeps on sides or stomach.
CNS	Rarely to never has difficulty concentration. Easy to focus.	Sometimes has difficulty concentrating. Somewhat difficult to focus.	Often has difficulty concentrating. Moderately difficult to focus.	Almost always has difficulty concentrating. Very difficult to focus.
	Almost always relaxed. Rarely feels anxious.	Often relaxed. Sometimes feels anxious.	Often stressed. Sometimes feels relaxed.	Almost always stressed. Rarely feels relaxed.

Check all the following that apply:

- Prior tongue-tie release
- Prior tonsillectomy and/or adenoidectomy
- Prior orthodontics
- Prior jaw or maxillofacial surgery
- Prior treatment with myofunctional therapy
- Craniofacial anomaly, cerebral palsy, or syndromic facies
- None of the above apply

1 of 2 Complete both sides